

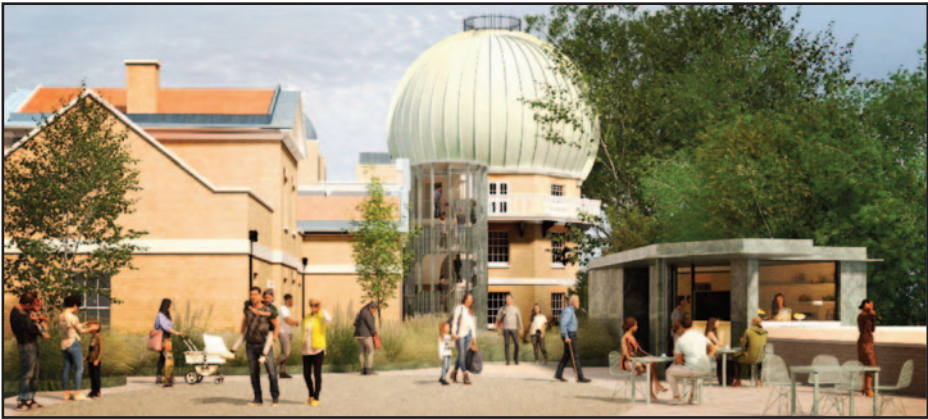


“Autumn carries more gold in its pocket than all the other seasons.”– Jim Bishop

Ambitious £77m renovation.

This redevelopment of the Royal Observatory Greenwich will reaffirm the Observatory as the UK’s centre for the public understanding of time and space. The project will deliver an ambitious schedule of much-needed repairs to the site’s unique built heritage, vital capital improvements plus a new programme of activities as part of 3-year renovation.

where visitors will meet Royal Observatory astronomers and participate in science events and experiments. Paddy Rodgers, Director of Royal Museums Greenwich said: ‘Founded 350 years ago, the Royal Observatory Greenwich is Britain’s oldest purpose-built scientific institution. It is the birthplace of modern astronomy and the home of the



Award-winning Jamie Fobert Architects are leading the project. Works include a brand-new entrance pavilion; landscaped paths linking new astronomy galleries including four new interactive astronomy galleries examining the mysteries of the Universe; a lift and stairs that, for the first time, ensures step-free access to the iconic Victorian Great Equatorial Telescope and a live science space - Astronomers’ Court -

Prime Meridian and Greenwich Mean Time. Through this project we aim to inspire new audiences and advance our remit as a place for the public understanding of astronomy as decreed by our Royal Warrant. The Royal Observatory has long been a place of curiosity, meticulous observation, and creative thinking. This encapsulates the spirit of this project.’

Work is due to be completed in Spring 2028. The Prime Meridian line, Meridian Observatory and historic Flamsteed House galleries remain open to visitors until spring 2027. Royal Museums Greenwich has released a selection of photos to look back on how the Observatory has evolved over the years and as it embarks on arguably it’s biggest renovation yet.

Polly Morgan

Will you help preserve heritage this autumn?

The Old Royal Naval College, Greenwich, depends on public support to preserve its historic buildings and artworks. Your donation helps protect this World Heritage Site for future generations. If you can give today, your support will make a real difference. If you’re able to donate £300 or more, the Old Royal Naval College would love to thank you in person at a special event in these magnificent surroundings.

<https://ornc.org/support-us/help-preserve-heritage-appeal>

Council's proposed LTN decision questioned.

Residents have recently received a letter from the Transport team at Greenwich Council informing them of the intention to make the West and East Greenwich neighbourhood management scheme, better known as the LTN, permanent. There would be a few changes to the location of the ANPR filters in West Greenwich (on Royal Hill and Blisset Street), and Blue Badge holders would be able to register two vehicles for exemption. The current hours of operation would remain.

The recommendation has been challenged by Conservative, Independent and Green Councillors which means there will be a hearing at Woolwich Town Hall, probably on November 6th. Although some question whether the data justify retaining an LTN that 80% of residents opposed in the first place, another question is why is the decision being made now? The LTN went into operation in November last year for up to 18 months. Many would prefer monitoring to continue for the full period before a final decision is made.

The introduction of the scheme was part of the council's climate change strategy explaining that “A shift

away from car travel to walking, cycling and public transport is essential to making the borough carbon neutral by 2030”. Unfortunately the figures given in summaries such as the letter to residents are misleading. They emphasise the positive effects but gloss over the negative.

Traffic flows

The letter tells us that traffic has reduced by 66% in West Greenwich (WG), 52% in East Greenwich (EG) and 15% in Charlton (C) when the filters are in operation, and has also declined by 30% (WG) and 20% (EG) when the filters are not operating. However, these figures don’t show displaced traffic or the smaller changes in the afternoon. The 15% decrease for Charlton is also morning peak only and appears to include Banning Street and the Old Dover Road which are arguably not in Charlton. When the afternoon peak is included, the decrease in traffic is about 7% and if Banning Street and the Old Dover Road are removed, the reduction is only about 1% when the filters are in operation.

Continued on Page 5

Stop Press

We have learnt that police officers attached to the areas around the Park will be based in the offices by the Blackheath Gate. They will be drawn from four neighbourhood teams: Greenwich Park; Greenwich Creekside; East Greenwich and Greenwich Peninsula. These are not police dedicated to the Park, but they will maintain a visible presence and the arrangement is due to start within weeks. This follows the removal of the dedicated Greenwich Park officers some months ago.

TRAFALGAR ROWING CENTRE

A versatile venue offering a captivating backdrop for a wide range of events.

- Weddings
- Parties
- Conferences
- Filming
- Private Hire

Crane Street, Greenwich
trafalgarrowingcentre.co.uk

Bookings: steven.deere@globerowingclub.co.uk

Bruca Gardens | Local gardeners

We offer regular and one-off garden maintenance services for private and residential gardens.

- Garden design
- Landscaping
- Garden clearance
- Garden maintenance
- Planting and soft landscaping
- Trees and shrubs specialist pruning

Contact us at **07896992548**
brucagardens.co.uk

Mycenae House Live

This is not a tribute band
This is THE KT Bush Band

Omar Puente & Ilario Ferrari
Friday 21 November
‘Mediterranean meets Cuba’

Tickets £16.00
Show 7.30pm

KT Bush Band
Friday 7 November

Tickets £15
Show 7.30pm

www.mycenaehouse.co.uk
020 8858 1749 90 Mycenae Road, Blackheath Standard, London, SE3 7SE

WESTCOMBE SOCIETY

Westcombe News

PUBLISHER
The Westcombe Society
c/o 163 Westcombe Hill, SE3 7DP or
info@westcombesociety.org

CHAIR: Geoff Brighty

EDITOR: Christine Fells

EDITORIAL TEAM /
CONTRIBUTORS
Marilyn Little
Polly Morgan
Amanda Arthur
Helen Marley-Hutchinson
Anne Robbins
Ann Hill
Diane Blackwell

ALL EDITORIAL
CORRESPONDENCE/PRESS
MATERIAL TO BE SENT TO:
wnews@westcombesociety.org
Deadline for December/January copy
14th November 2025

SUB EDITOR
Annie Grey

ENVIRONMENT
Editor: Maggie Gravelle
All comments and queries to
Emily Norton: 0208 853 2756
environment@westcombesociety.org

ADVERTISING MANAGER
Marilyn Little
advertising@westcombesociety.org
Deadline for December/January
Advertising: 17th November 2025

DISTRIBUTION/DELIVERY
Emily Norton and volunteers
Tel: 0208 853 2756
info@westcombesociety.org

PRINTING
Trojan Press.
Email: info@trojanpress.co.uk
www.trojanpress.com

The views expressed in the
Westcombe News are not necessarily
those of the Westcombe Society or
of the Editor. We take all reasonable
precautions to protect the interests of
our readers by ensuring as far as
possible the bona fides of our
advertisers but cannot accept any
responsibility for them. Any com-
plaints should be addressed to the
advertiser.
To access back numbers (in colour)
go to:
http://www.westcombesociety.org/
westcombenews

Westcombe Society
Membership

We would be delighted to receive
your support and annual
membership subscription.

Family membership	£15
Individual membership	£12
Senior Citizens and Unwaged	£6

Please send payment to:
Christine Legg, 69 Mycenae
Road, London, SE3 7SE
or email:
membership@westcombesociety.org

Advertising Rates

SIZE	Per Issue Cost	5 Issue Discounted Cost
Standard 6cm x 6cm (one column wide)	£48	£220
2 x standard (horizontal or vertical)	£76	£350
3 x standard	£107	£485
4 x standard	£138	£620

Taking Time For
Macmillan

Once again Westcombe Parkers
have put their hearts and their
money where it matters for one of
our community's favourite charities,
Macmillan Cancer Support.
The annual Macmillan Coffee
Morning, organised by The
Westcombe Society at Mycenae
House, was attended with as much
joy as ever. Homemade sandwiches



and a mouth-watering assortment of
cakes and biscuits, all baked and
prepared by locals, were washed
down with piping hot coffee and tea.
Greenwich Mayor, Councillor Linda
Bird, was guest of honour, and she
delighted everyone with her warmth
and friendly chat. A raffle, with lots
of goodies won, rounded off a truly
uplifting event.



Hearty thanks as ever to the hard-
working staff at Mycenae House for
their help.
Best of all, the grand total of funds
raised for Macmillan Cancer this
year, taking in the walk and the cof-
fee morning, was £1,356.27. A solid
token of our support.

Diane Blackwell

ELECTRICAL,
PLUMBING &
All Handyman jobs
NO JOB TOO SMALL
Clean & reliable, with 35yrs experience
07931 790 957
Lbbuilders@ntlworld.com

REMINDER -
Members' Standing
Orders

Please check your annual
member's standing order -
membership increased from May
2024. The 2026 payment due
should show:
Family/Household £15.00
Individual £12.00
Concession £6.00
Many thanks for your help -
Membership Secretary

Taking a Westcombe Walk

Thank you, Neil Rhind MBE, for
loving your patch of London –
Blackheath, Westcombe Park and
Greenwich – so passionately for
more than half a century. Neil died
in February 2024 but left us lucky
locals a wealth of historical detail in
books and walks.
Walking Westcombe, the third in
Neil's series of local walking guides,
brings the past vividly to life, and
having lived in the area for 28 years
I was keen to follow in this prolific
historian's footsteps.
I started with a short walk that takes
in Vanbrugh Terrace, St John's Park
West and Stratheden Road, a route
I thought I knew well. Starting at
the south end of Vanbrugh Terrace I
pass the eight grand three-story
houses built in 1851-52 which
dominate the landscape so
spectacularly. Leases to live in them
were, back then, issued by that other
famous local, John Julius
Angerstein. At the north end we
turn right into St John's Park and
walk towards St John's Church with
its soaring steeple.
A little way in, a charming early
Victorian letterbox set in a garden
wall peeks out from under foliage on
the corner of Angerstein Lane. The
houses in St John's Park are suitably
grand for the solicitors, doctors,
sports heroes, an East India
Merchant, a colonial produce
broker, various other successful
business people, and a major-
general, who lived there. A wisp of
notoriety too with a criminal
captured in a back garden in 1878
and hanged the next year.



At St John's Church the walk turns
right down Stratheden Road and
Neil draws our attention to more
lovely big houses I'd previously
given just a cursory glance. One of
them was once occupied by several
soldiers important enough to make
the pages of Who's Who. Another
was once named Waratah Lodge
because its first tenant was an
Australian wine merchant. In the
1920s and 1930s number 18 was a
Dr Barnado's babies' home. The De
la Mare Court flats are on the site of
what was once a bowling green, then
a bursary garden, then a
garage/petrol station.
An optional extra on this walk is to
turn left into the unmade track
called Heathway, a fascinating
secluded mix of modern and coach
house conversions.
Thanks to this first route from
Walking Westcombe, I already feel
closer to the area I love and call
home.
Diane Blackwell
The book (an ideal Xmas gift) is
available at The Blackheath
Bookshop and The Bookshop on the
Heath. The book can be reserved for
collection by emailing
info@westcombesociety.org.

Mind Your Qs & As

You don't have to be a whiz at a
quiz to have fun at the
November 22nd Westcombe Society
quiz at Mycenae House. Novices are
welcome to turn up at 7.00 for a
7.30 start to tackle the latest batch
of brain-straining questions
concocted by our merciless quizmas-
ters Robbie, Peter and Patrick.
Google, however, is not invited to
help answer the silly, funny, obscure,
challenging questions. And beware
of the surprise easy question - it can
throw the most activated brain.
There are 10 tables, with a team of 6
at each, £14 per person for a fish
and chips nosh at half time, and a
raffle with proceeds going to our
Charity of the Year.
And Walking Westcombe, with its
fascinating local walks by the late
great Neil Rhind, will be on sale at
the quiz for £12.

The evening's entry fee is £8 for
Westcombe Society members, £9 for
non-members.
Easiest question of the night: will we
have a good time?
Answer: definitely.
To book, please email Gavin at
gavin.wsevents@gmail.com
Diane Blackwell



CARPENTER
Specialist in
refurbishment, repair and
replacement of
sash windows,
front doors overhauled.
Call
MALCOLM TIERNEY
07775 657371

R.G.Austin
(Established 1963)
Heating Engineers,
Property Maintenance,
Electrics, Painting,
Decorating, Plumbing,
Central Heating,
Shower and Bathroom Specialists
2A Hassendean Rd, Blackheath SE3 8TS
Telephone: 0208 858 7359
rgaustintltd@gmail.com
Emergencies: 07738124344
email: rgaustintltd@gmail.com



NEIGHBOURHOOD

Meet The Current Mayor of the Royal Borough Of Greenwich

2025/2026

CLLR LINDA BIRD

I am truly honoured to be the current Mayor and first citizen of our Royal Borough. It is an even greater personal privilege, as this is my second term in office as your Mayor.

My previous year was from 2019 – 2020. You may recall this was a significantly challenging and difficult time for everyone as we all faced the threats posed by the COVID virus and thus a global pandemic.

Although it is important to acknowledge those very dark times, and we can never forget the impact this time of isolation has had, particularly on our young people, there was a sense of community and some positive actions around our Borough as people tried to support each other.

As Mayor during this time, I experienced a unique term of office which brought me closer to many of our residents, and which brought out a true sense of community spirit. I absolutely felt I made a difference, as I connected with residents on zoom. I managed to make around 950 zoom calls over the year.

The Mayor is the Civic Leader of the Borough and also its First Citizen. That is a huge responsibility, as well as being a fantastic opportunity to serve the community I love. As I reflect on a life which began in a post-war prefabricated in Kingston upon Hull, I am filled with a sense of pride at this achievement.

I have spent my professional life in all aspects of education, mostly in Greenwich. My two daughters and four grandsons have all been born here and educated in Greenwich schools. We are a Greenwich team. My two daughters, Emily and Amy, are working alongside me as the Mayor's consorts. So, you may see

all three Birds together.

During this year I am keen to visit as many schools and community groups as I possibly can, so please contact the Mayor's office on mayor@royalgreenwich.gov.uk or call 020 8921 5023/6012 to book a visit.

Also, this year I am fundraising for two local charities:

Home-Start Greenwich – which provides amazing wraparound care and provision for families, carers and babies during the first 100 days of a child's life.

The Dementia Support initiative which has recently been established at our Community Hospice. Most of our families will be affected by dementia and living with this cruel condition. The Hospice is aiming to provide support for the best possible quality of life through shared activities and events.

If you would like to donate to the Mayor's two charities, there is a Just Giving page

www.justgiving.com/mrgaf. Or you can always contact the Mayor's office. Thank you in advance.

I hope to meet as many of you as possible during the next few months. Meanwhile, I share with you my belief that Greenwich is a great place to live, work and play.

Best wishes from your Mayor CLLR Linda Bird



The Dream is coming True!

In previous issues of the Westcombe News, we have recounted the highs and lows of the dream that one day our community centre at Mycenae House would have a lift. Now approval has finally been given by Greenwich Council's Planning Department of a revised plan. For 16 years the Vanbrugh Community Association which runs Mycenae House has been seeking permission to have a lift installed to make all 4 floors accessible. A Stannah stair lift was installed in January 2023 as a short-term measure whilst the administrative complexities were addressed.



A previous planning application was refused earlier this year on several grounds, including the position of the proposed lift on the eastern wall

of Mycenae House, its size and dominance, and harm to the setting of the adjacent Grade II* Listed Building. Overall, it was considered that the proposal failed to respect the character and appearance of the Westcombe Park Conservation Area.

In the revised application, the external lift has been set further back, away from the frontage, and the width and depth have been reduced so as to make the lift subordinate to the host building. The previously proposed zinc cladding has been substituted with brickwork which is to be in Flemish bond with recessed, decorative herringbone brick panels, creating a sympathetic style.

Much thought and effort was given in developing the revised proposal, both from the VCA and the Council's planners and Conservation Officer, and a number of options were explored to try to find a solution that would be considered acceptable at this location with its high visibility and adjacent heritage asset. The 'public benefit' of Mycenae House as a vibrant community hub was also acknowledged by the Council in coming to its decision.

The building work will start next year. There will be a 1-metre test panel of the new brickwork to ensure that the colour, profile and pointing are correct.

Many thanks to all involved in bringing this to fruition. Ann Hill

A & A LANDSCAPES Landscape Specialists



Free advice
& estimates



Qualified
horticulturalist

All aspects of soft & hard landscaping work carried out including
* Maintenance * Site clearance
* Turfing * Tree surgery
* Fencing * Patios * Brickwork
Tel. 020 8318 2530

YOUR NEW COURSE

ART CLASS

Fun step-by-step sessions in 3 hour classes, morning or afternoon, for 3½ months

ABSOLUTE BEGINNERS TO IMPROVERS... JUST LIKE YOU!

THE PERFECT GIFT!

020 8311 3185

MYCENAE HOUSE, BLACKHEATH



St Olave's Prep School



Contact us for further information or to arrange a tour

“ The quality of the pupils' academic and other achievements is excellent ”
ISI Inspection Report

www.stolaves.org.uk. Call 020 8294 8930



appliance care experts

We provide, maintain, and repair all your commercial and domestic laundry, dishwasher and oven equipment efficiently and hassle-free.

ACE stands out for its exceptional service, attention to detail, and commitment to customer satisfaction.

- Over 20 years experience
- Professional Expertise
- Efficiency and Reliability
- Peace of Mind

www.appliancecareexperts.co.uk

Follow us @ace_services_uk



Commercial & Domestic Laundry Equipment



Dishwashers



Ovens



Gas Safe Registered Engineer

07515716139

VAT:491416387 | Company Registration No. 16399440

FEATURES

Rail 200

Anyone using the trains recently may have glimpsed a Networker train that has been restored to Network South East colours and named “Chris Green OBE”, in tribute to the founder of Network South East as a business sector within British Rail back in 1986. Network South East changed how railways in south east England were run and operated, and it created an instantly recognisable brand, remains of which can still be seen today at some stations. It continued to operate until it was broken up by privatisation and the creation of private sector franchises. This four car unit was restored as part of Rail 200, a celebration of the 200th anniversary of the opening of the Stockton – Darlington line on 27 September 1825. In those 200 years, there have been many changes in the UK rail network, its operations, infrastructure and rolling stock. In this area, Maze Hill station was opened in 1873 as a branch line from Charlton. The direct link to London was not opened until 1878 and, a year later, Westcombe Park station was opened (then called Combe Farm Lane). Electric trains arrived in 1926; and “slam door” trains were removed from service in 1995, being replaced by the Networkers still in use today. Networkers are nearing the end of their life, being over 30 years old, and they have started to be scrapped as they are taken out of use. That is why, on this line, we are now seeing

more of the Class 376 Electrostar trains but they are themselves over 20 years old, having been introduced in 2004. They are due to be refurbished, but so far the only refurbishment that has taken place is the painting of the outside in Southeastern blue. Southeastern have begun a procurement exercise for a new Metro fleet and it is exploring options with manufacturers and the leasing companies. The original aim had been to introduce new trains in 2027 but that is looking increasingly unlikely as an order is yet to be placed. Nevertheless, the procurement is to be welcomed as railways continue to evolve.

IN OTHER NEWS:

Closure of the line at Dartford. Replacement of track, conductor rails and crossings and a rebuilding of platforms at Dartford station will mean no trains will run between Dartford and Gravesend from 14th February to 22nd February 2026. The Rainham service through Maze Hill and Westcombe Park will terminate at Plumstead, but it has not been confirmed by GTR whether it will still run a half-hourly service as now or whether (as they are prone to do on Sundays) the service will be reduced to hourly. This is being pursued with the company.

GTR, which runs the Luton – Rainham service, is to be taken back into public ownership on 31 May 2026.

Mike Sparham

TROJAN
PRESS

PRINTING IN BLACKHEATH
SINCE 1978

1a Lizban St, Blackheath,
London SE3 8SS

Tel: 020 8853 2268

Email: info@trojanpress.co.uk

www.trojanpress.com

WRISTWORTH HEATING & PLUMBING

Installation - Servicing - Repair

Tel: 07725 008280

Email: wristworth@hotmail.co.uk

GAS
safe
REGISTER

Check Out Our NEW Website: wristworthheating.weebly.com

INVESTMENTS
PENSIONS
ESTATE
PLANNING

STARKEY
FINANCIAL PLANNING

Contact us: 020 8853 7160
admin@starkeyfp.co.uk

2 Charlton Road, Blackheath Standard, London SE3 7EX

Independent and friendly advice from south east
London's top team of Chartered Financial Planners

Starkey Financial Planning Ltd is authorised and
regulated by the Financial Conduct Authority



So Inspiring

First thing each morning, local resident Ruth Gribble does 10 minutes of her own yoga routine. Not a big deal you say, except that Ruth is 97 and also does a one-to-one chair yoga session every week with Iyengar yoga teacher Cecilia Winter who, lucky for Ruth, lives just across the road. Ruth, a former nurse who came to Westcombe Park in 1968, has been doing Iyengar yoga (which focuses on alignment) since the late 1980s. She attended classes at Mycenae House for many years, went on yoga retreats, and joined Cecilia's classes at her studio from 2018 to 2023. Since then, weekly 40-minute chair yoga sessions have been at Ruth's home.



chemistry, and their time together focuses on Ruth's balance, strength, co-ordination and flexibility. Sitting in a chair, Ruth pushes her rollator walker forwards and backwards, which she says feels really good and is giving her spine a fabulous stretch. Cecilia leans in to encourage Ruth to stretch even more. Then, to the feet, to move all the joints and keep the ankles working well. Teacher and student have a giggle as they sit facing each other, stretch their legs out one at a time and push each other's feet. Great for strengthening leg muscles. Ruth stands up for arm work. As well as bending and straightening her arms and holding the pose several times, she does shoulder rolls to lift the spine and stretch the back muscles. With amazing ease Ruth then does the Eagle Pose (Garudasana) where one arm wraps over the other. So many yoga students half Ruth's age and younger find this one challenging. Back in a chair, Cecilia guides Ruth through some gentle twists before a wind down chat. Ruth recalls the excitement of being in the crowd at the late Queen Elizabeth's Coronation in 1953; walking in the Lake District, climbing in the Himalayas. What a woman!

Diane Blackwell

GHS Residents' Garden Party

Greenwich Housing Society held its annual garden party for residents in September at Hatfield Court, on what turned out to be a lovely sunny afternoon despite the threat of showers. Guests and residents alike were treated to a vintage-style afternoon tea with traditional scones and clotted cream, taking advantage of the fine weather to catch up with old and new neighbours in the sunshine. Steve Kerridge, GHS committee chair, welcomed fellow committee members to the event, along with local councillor for the Blackheath Westcombe ward, Christine St Matthew-Daniel. Local musical group the Cutty Shanties provided the entertainment,

recounting the history of sea shanties along with a singalong which everyone joined in with enthusiastically. Greenwich Housing Society has been providing homes for independent elderly with a connection to Greenwich since 1958 and is run on a primarily voluntary basis by a local management committee. If you are interested in supporting the work of the Society by joining its committee, please visit their website: www.greenwichhousingociety.org.uk



The
Pointer
School

Part of Dukes
EDUCATION Family

A leading London prep school for girls & boys 3-11
in Blackheath, SE London. Founded in 1950

//...our wonderful teachers and Head Teacher, Mrs Crookes. With patience, good humour, and just a little craziness, they have coaxed and inspired us to achieve things we would not have thought possible! //

Head: Charlotte Crookes

0208 293 1331 pointers.school @pointerschool

FEATURES

Continued from P1

The letter states that "motorised trips across the whole area (including boundary roads) has reduced by 6%" and that some boundary areas "have experienced slightly more traffic." The full Report, however, shows some marked increases in traffic, for example, an increase of over 50% on Blackheath Hill and Greenwich South Street when filters in local roads are operating. Traffic has also increased by 10% on Woolwich Road, morning and evening and in Charlton afternoon traffic has increased by 23% on parts of Victoria Way, by 17% on Eastcombe Avenue, and by 40% Marlborough Lane. The increase in traffic on the Woolwich Road is about 10%.

The Report acknowledges the negative effects of increased traffic in Charlton and along several boundary roads, but the amelioration measures appear small and piecemeal, such as changes to pedestrian crossings, restrictions on right turns, traffic calming, and speed restrictions.

Air Quality

The letter also misleads in stating that 54% (WG), 66% (EG), and 77% (C) of areas experienced decreasing levels of NO2 with an 11% (WG), 0% (EG) and 23% (C) increase in some locations whereas the report says that these changes are small and concludes that "in most cases, the impacts are negligible, particularly along local roads....the overall effect of the Scheme on air quality is judged to be non-significant".

Walking, cycling and buses

The final two points in the letter say that 23% of survey respondents say they are walking and wheeling 'more' and 'much more' and that TfL has no concerns about bus journey time. However, the Report states that 11% of respondents say they are walking and wheeling less. The letter also doesn't say that some bus routes have significantly slower journey times. Not surprisingly these routes are on West Greenwich boundary roads suffering from increased traffic.

4221 people responded in some way to the consultation measures. The most negative sentiments towards the scheme were traffic congestion (51% of respondents) with road safety coming second. The most positive sentiment was towards walking (39% of respondents).

It will take time to analyse the data fully but an initial impression is that many changes, both positive and negative, have been small but that there has been a significant shift in traffic to boundary roads and roads in Charlton. We remain concerned about the effects of displaced traffic on roads outside the scheme and feel that mitigation measures need to be tried and tested before a final decision is made to make the scheme permanent.

Links to the full reports can be found on www.westcombesociety.org where any updates will also be posted.

Letter



Georgian - detail - The Old Royal Naval College, The Military at Woolwich, The Marquis of Granby, The Rangers House, Revellers tumbling down in Greenwich Park

Greenwich Millennium Embroideries

Dear Editor,
Readers of Westcombe News may remember that, in the March issue this year, I wrote about the Greenwich Millennium Embroideries. I am very pleased to say that, as a result of the greater interest recently in the Embroideries, the Royal Greenwich Heritage Trust has donated 12 copies of the book telling the story of the making of the

Embroideries to Greenwich Libraries.

I know the books have now been catalogued and distributed to libraries. It is a beautiful book. It explains how Beverly Burford, then Manager of Plumstead Museum, thought up the project. Each panel is shown, with a key plan and index of every item on that panel. There are illustrations of the watercolour sketches that artist Sally Jenkinson produced to give each volunteer embroiderer something to work from as they started each embroidery task. There are biographies of everyone involved, including all the embroiderers. I think many of your readers would enjoy the book, and all that is required is a visit to any Greenwich Library and a request to borrow it. The full title of the book is *Stitches in Time: The Making of the Greenwich Millennium Embroideries*.

Yours sincerely,
Judy Smith MBE

Singing for memory difficulties



Our group was created in response to a real need in the community, an opportunity for carers to relax and a joyful, inclusive space for people with a dementia diagnosis. But everyone is welcome—we've had all ages join in, including a baby! Each session is filled with sing-alongs, percussion, dancing, action songs and music from all styles and eras. Music is a powerful way to connect and express emotion—especially when words are hard to find. Personally meaningful music unlocks memories and restores a sense of self, acting as a lifeline for those living with dementia.

The World Health Organisation recommends using music to reduce anxiety and depression.

We can also help you create a personal playlist—a powerful tool at home for example, use upbeat songs in the morning to help with routine or play calming favourites in the evening to wind down.

100% of group members said they'd recommend the sessions to a friend. Music transforms your day!

"I know my mother loved it and I was so pleased that she recognised several songs. It was delightful to see the dancing and playing of instruments!"
– Caroline Johns, group member

We meet at Mycenae House, in Room 10, upstairs (no lift, but there is a stairlift) Nov 1st, 15th, 29th and Dec 13th. Cost is £10 per person for the 2 hours which includes 2 professional musicians and tea and biscuits. Contact Eleanor Meynell on 07939 265991 or info@eleanormusicservices.com

Key Fraud Prevention Tips

Stay Alert: How to Guard Against Courier Fraud and Cyber Crime
Local police are reminding the public to remain cautious as scammers are continuing to exploit people through courier fraud and online crime. These scams are designed to manipulate victims into parting with money, banking details, or valuable items. By taking a few straightforward precautions, you can greatly lower your chances of becoming a target.

Courier Fraud – Spot the Warning Signs

In many cases, fraudsters pose as police officers or bank staff, claiming your account is under threat. They may pressure you into withdrawing cash, handing over bank cards, or even giving up personal documents for 'evidence'. It's important to remember that no genuine bank or police officer will

ever send a courier to collect such items.

Follow the steps below to ensure you stay safe:

If you feel uncomfortable or pressured, end the call straight away.

Wait at least five minutes or use a separate line before contacting your bank or the police on their official number. For banks, this can be often found on the back of your debit/credit card or alternatively, on their website.

Never give cards, PINs, or cash to anyone who turns up at your door.

Devices such as TrueCall are available to purchase and install, which filter scam calls to you or a relative's phone line.

Cyber Crime – Protect Your Digital World

Online scams can take many forms, from phishing emails to compromised social media accounts. Criminals rely on carelessness, but a few good habits can keep your information safe:

Create strong, different passwords for every account and turn on two-factor authentication where possible. A strong password consists of a mixture of lower case, capital letters, numbers and symbols.

Be careful when clicking any links or attachments on emails you think are suspicious. If in doubt, do not click or open any attachments or links.

Regularly update your phone, computer, and apps to install the latest security fixes.

Key Message: If something feels suspicious, walk away or end the call. If you'd like to authenticate information, call the official number for that company or bank so you know you are talking to the legitimate party. Fraud can be reported to Action Fraud on 0300 123 2040, and in an emergency always call 999. Scan the QR code to access 'The Little Guide' series from the Metropolitan Police.





Join our outstanding school

Places available Years 3 – 5
September 2026 entry

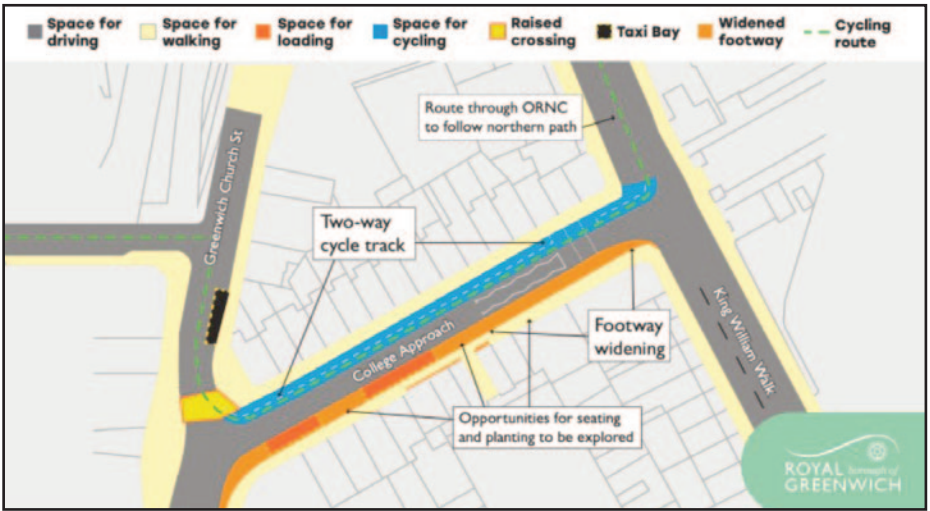
Find out more about our superb 11+ results
www.blackheathprep.co.uk/admissions

Apply by 1 December 2025

Part of the Eltham College Family of Schools

ENVIRONMENT

Proposed cycleway in Greenwich



The Council recently approved plans for a two-way cycleway in the centre of Greenwich. The new plan is part of a wider strategy to provide safe and attractive travel options for all, particularly those who walk, cycle or use public transport.

This cycleway would be on the north side of College Approach and is intended to complete Cycleway 4 locally. Cyclists travelling east would be directed to use the path through the Old Naval College. Those travelling west would be directed towards Greenwich Church Street.

Following a public consultation 57% of respondents were positive but 28% were against the plan. Residents on the Meridian estate were critical of the proposal which would see the destruction of a children's playground to be replaced by a new, larger one to the north.

These measures are intended to be temporary until the redesign and refurbishment of Greenwich town centre is agreed.

The consultation report shows that the majority of respondents (52%) rated the walking environment in Greenwich town centre as poor, indicating significant dissatisfaction with the current infrastructure. The feedback underscores the importance of addressing the issues faced by pedestrians in Greenwich Town Centre to create a more pleasant and safe walking experience.

Maggie Gravelle



To tidy or not to tidy...?

As the vibrant hues of summer fade and the mellow fruitfulness of autumn arrives, many gardeners face the age-old question: should we tidy the garden now, or let nature take its course?

Traditionally, autumn was seen as the time to cut everything back, clear the beds and prepare the garden for winter. Indeed, there's a certain satisfaction in neat borders, turned soil and emptied pots. Tidying in autumn can help reduce overwintering pests and diseases, particularly in vegetable plots.

But nowadays, we are encouraged to embrace a more wildlife-friendly approach by not tidying too much. Excessive tidying can be detrimental to biodiversity and soil health. When biodiversity is low, a garden lacks the natural checks and balances. This can weaken plant resilience and lead to increased vulnerability to disease and pest infestations.

Leaving seed heads, dead stems and piles of leaves can provide vital habitat for invertebrates and birds. Hollow stems offer shelter for overwintering bees and ladybirds, so cutting stems to the ground can

disturb hibernating creatures or leave them exposed to predators. Seed heads, like those on teasels or echinacea, are favourites for goldfinches: dead-heading removes this critical resource.

Fallen leaves gradually break down, enriching the soil with essential nitrogen and phosphorus, and acting as a natural mulch and blanket that protects the roots of perennials from temperature fluctuations. Leaf litter also provides organic matter that benefits earthworms and other soil organisms, and shields the soil from winter rain, reducing the risk of erosion and compaction. Insects that thrive in leaf piles provide a valuable source of food for birds.

Of course, some balance is needed. Clearing away diseased material, removing invasive plants and ensuring paths remain clear and safe is sensible. So, should we tidy the garden in autumn? If you are aiming for a perfectly neat garden, go ahead and tidy. But if you are happy to let nature lend a hand and support local wildlife, leaving a bit of a mess can be a wise move.

Ann Hill

Woodlands Heights: Here we go again

After having their application to construct an additional storey of flats on the large Woodlands Heights building on Vanbrugh Hill rejected three times in recent years, the developers have returned with a fourth scheme. In the view of those most affected – the leaseholders in the building itself, the residents of Lasseter Place who are overshadowed and other residents living nearby – this latest design is very similar to the previous ones, and where it is different it is even worse.



Around 100 objections have been submitted to the Council planning department, and an action group representing Woodland Heights and Lasseter Place residents is preparing to argue their case against the application when, at a date which is still undecided, it comes before the planning committee. Clive Corlett

PLANNING APPLICATIONS*

www.westcombesociety.org

- 14-15 STRATHEDEN PARADE ref 25/3213/F
To install new shop front and create two one-bed units to the rear ground floor, and side infill extensions (resubmission).
- 62 HARDY ROAD ref 25/3126/HD
To demolish outbuilding and construct part one/part two storey side/rear infill extensions.
- 64 BEACONSFIELD ROAD ref 25/2806/HD
To construct single storey rear/side extension, extend annex, and install carport to the front.
- PAVEMENT OUTSIDE LIBRARY, OLD DOVER ROAD ref 25/3089/F
To install BT Street Hub and remove existing payphone.
- BROADBRIDGE HALL, BROADBRIDGE CLOSE ref 25/3031/F
To replace existing building with three two-bed apartments and construct single storey rear extension and rear dormers.
- TREE WORKS
73 MYCENAE ROAD ref 25/3386/TC
To fell conifer in front garden.

* Please be advised that the planning applications noted here are based on information available at the time of print. For the latest updates, please visit our website www.westcombesociety.org

PAINTING & DECORATING

Interior/Exterior/
Experienced Reliable Clean
Fully Guaranteed/Insured.
References available.
Free no obligation quote
and advice given

JOHN at JAMES & LAMONT
Office 020 8462 4646
Mobile 07802 535695
jamlam.john@btinternet.com



The John Roan School Sixth Form
The best in everyone™
Part of United Learning

Sixth Form Open Evening Wednesday 26th November 2025 (5.30-7.30pm)



Sign up online at www.thejohnroanschool.org.uk/sixth-form

The Greenwich Waldorf School warmly invites you to enjoy our magical 2025

WINTER FAIR

DATE: SUNDAY 30TH NOVEMBER
TIME: 11AM TO 4PM

GLIMMERWOOD: THE GNOME HOLLOW
MAGICAL PUPPET SHOW & CRAFTS
GINGERBREAD DECORATION
BEESWAX CANDLE DIPPING
KIDS SHOP & CRAFT STALLS
HOMEMADE WARM FOOD
RAFFLE AND TOMBOLA
CAFÉ, MINCE PIES & MUSIC
CACAO/WARM APPLE JUICE
KIDS WOODCRAFT ACTIVITIES & MORE.

AT GREENWICH WALDORF SCHOOL
WOODLANDS, MYCENAE ROAD
LONDON SE3 7SE

ADMISSION £2 FOR ADULTS
KIDS GO FREE

GREENWICHWALDORFSCHOOL.COM @GREENWICHWALDORFSCHOOL

WHAT'S ON

Woodlands Farm



An evening with Santa
10th and 11th December
Sessions between 4pm and 6pm.
Come and join our magical festive evening at Woodlands Farm. Start off in our Education Centre with a festive story before making some reindeer food in preparation for Christmas Eve. Then walk through our illuminated garden to meet Father Christmas and his elves where you will receive a present to take home and have an opportunity to take pictures. Booking is essential, £12 per child. There will also be a pop up café available each evening serving hot chocolate, tea and coffee.
To book visit
www.thewoodlandsfarmtrust.org
For more information contact
admin@thewoodlandsfarmtrust.org or
020 8319 8900

Cutty Sark

Sea Shanty Festival 2025
Cutty Sark hosts its fifth Sea Shanty Festival. In celebration of Cutty Sark's 156th birthday, shanty bands from across the UK unite in singing traditional maritime working songs on board the iconic tea clipper. Visitors will be able to participate in a unique live singing event and enjoy a day of sea shanties onboard the world-famous Cutty Sark.
Date: 22 November 2025
Time: 10.00 – 16.30
Age: Suitable for all ages
Location: Cutty Sark, Dry Berth
Admission: Free with admission to the ship
www.rmg.co.uk/whats-on/cutty-sark/sea-shanty-festival-2025

Highlights Tour
Explore Cutty Sark on a guided tour and discover what made it the fastest sailing ship in the world. Learn about the famous clipper races that brought tea to Britain, as well as how and why Cutty Sark was preserved for the nation.
Dates: Daily
Time: 12.00, 14.00
Age: Suitable for ages 7 and over
Location: Cutty Sark
Admission: Adult £5 | Student £3.50 | Child £2.50 | Members free

St Paul's Sinfonia

talented local orchestra performs
From Woodlands to Sea Tchaikovsky Symphony no. 4.
Friday 21st November
St. Margaret's Church, Blackheath, 730pm.
To buy tickets £20 full price or £15 concessions or find out more visit:
www.stpaulssinfonia.com/

Harmony Sinfonia

Presents 'Story Time'.
Saturday 29th Nov 6pm finish 8pm.
We'll be playing Sleeping Beauty by Tchaikovsky, Lieutenant Kijé by Prokofiev, and Scheherazade by Rimsky-Korsakov. Tickets are on sale at harmonysinfonia.co.uk or on the door. Under 18s are free. There'll be refreshments at the interval.

Blackheath Halls

Sat 1 11am & 3pm – Hickory Dickory Dock
Sun 2 2.30pm – Mark Thompson's Spectacular Science Show
Mon 3 1.10pm – Lunchtime Recital | Shirley Turner, Peter Mallison & Richard Pearce
Thu 6 7.30pm – Peter Stothard: Horace Poet on a Volcano
Fri 7 7.30pm – Dave Sutherland
Sat 8 Nov 1.30pm & 4pm - The Smeds and the Smoos /
Sat 8 Nov 7.30pm – Ashley Campbell: Goodnight Nashville Tour
Sun 9 Nov 11am & 2pm - The Smeds and the Smoos
Wed 12 - Sat 15 10am - The London International Festival of Early Music
Sun 16 10.30am – Blackheath Christmas Fair
Mon 17 1.10PM – Lunchtime Recital | Sara Trickey & Daniel Tong
Thu 20 7.30 – David Farr in Conversation
Sat 22 2pm – Beatrice the Amazing Astronaut
Sat 22 8pm - Mark Watson: Before It Overtakes Us
Sun 23 4.30pm – Family Concert: Stravinsky Firebird
Sun 23 7pm – Blackheath Halls Orchestra Stravinsky Firebird & Ruth Gipps Symphony No.2
www.blackheathhalls.com/whats-on

Poetry Reading

Tuesday November 11 at West Greenwich Library (7 for 7.30).
Given the date, the reading is entitled 'Poems of Peace (and War)'.
I asked the wonderful local group Nevada Street Poets to bring not only their own poems but a number of poems from the canon. Mick Delap, Graham High, Lorraine Mariner, Jocelyn Page and Sarah Westcott will read, including poems by Kelley Swain, a group member now living in Tasmania (recently in the Guardian's Poem of the Week).



28th Nov 2025 – 11th Jan 2026
Peter Pan: A Pantomime Adventure
Fly away to Neverland and Hook your tickets now for this years swashbuckling, family adventure
For further details and to book call 020 8858 7755 or email
Boxoffice@Greenwichtheatre.org.uk

National Maritime Museum

BEING HUMAN FESTIVAL
Mapping Yourself
This workshop led by researcher Ema Sala will give participants the opportunity to take creative inspiration from the remarkable life of Henry Peglar, a sailor in the doomed Franklin expedition (1845-1849). Peglar left behind a wallet of mysterious writings, among these, a list of his jobs on ships shaped like a square maze.
Date: 8 November 2025
Time: 10.00 – 12.00
Age: Suitable for ages 16 and above
Location: National Maritime Museum, Seminar Room
Admission: Free
<https://tickets.rmg.co.uk/webstore/shop/viewitems.aspx?cg=rmg&c=rmgbhf>

The Arts Society Greenwich



The War to end all Wars: the Art of World War I
Monday 10 November at 7.30 pm
Lecturer: Frank Woodgate
Venue: James Wolfe Primary School, Royal Hill, Greenwich
Guests very welcome: £10; membership £65 for 10 lectures
The horrors of the First World War had a profound effect on the artists who fought in it, and they produced powerful images of the war and its aftermath. In the 1920s, many artists on the allied side returned to traditional subjects such as tranquil landscapes, while German artists produced powerful polemics against post-war deprivation, the treatment of war wounded and rising militarism. This lecture examines the art of both sides before, during and after the war which was expected 'to be over by Christmas'.
Frank Woodgate - Lecturer and Guide at Tate Britain and Tate Modern, for the Art Fund, the National Trust, U3A and other organisations, including on Zoom. Lectured for Dulwich Picture Gallery, Pallant House Gallery, Chichester and on cruises on behalf of Tate. Previously script-writer for The Living Paintings Trust (art for the visually-impaired).
www.theartsocietygreenwich.org.uk

Sitopia Farm

Saturday 15th November.
Natural Dried Flowers. 10am-12pm.
Curious about how to dry and arrange your own bouquets?
Further courses/workshops covering everlasting wreath making in December
Sunday 30th November: Pop up shop and Christmas Fair!
Throughout November- organic veg bag subscription scheme.
Winter Team Days/Alternative Christmas Celebrations
Check out our website
<https://sitopiafarm.com/>

Old Royal Naval College

Film tour: Spies, Sleuths and Superheroes
Fri & Sun | 11.30am & 1.30pm
Tickets: £25 (Adults), £19 (Concessions), £10 (Children)
Visitor Centre, Old Royal Naval College, King William Walk, Greenwich, London, SE10 9NN
Ever wondered where Operation Mincemeat was filmed in London? Or which iconic backdrops from Sherlock Holmes were shot here?
Recognised as the UK's no.1 heritage film location, our historic site has been at the heart of British filmmaking for over 100 years.
ornc.org/whats-on/film-tour-spies/

Exhibition
Cornwallis Cloth | Exhibition in the Visitor Centre
Open Daily | 10am–5pm
Tickets: £3 or included in the Painted Hall general admission
Visitor Centre, Old Royal Naval College, King William Walk, Greenwich, London, SE10 9NN
Cornwallis Cloth is a brand-new film created and produced by Sweet Patootee Arts as part of the IWM 14-18 NOW Legacy Fund. Inspired by oral testimony and the untold stories of British Caribbean lives during the Second World War. The film installation will be presented alongside an exhibition at the Old Royal Naval College exploring the wider themes of the film, and the rich historical significance of uncovering the stories of the past.
Tickets can be booked as part of a Painted Hall ticket or walk-ups welcome for Discover Greenwich tickets available from the Visitor Centre.
ornc.org/whats-on/cornwallis-cloth-exhibition-in-the-visitor-centre/

Queen's House

Santa's Grotto
The Queens House Orangery will be transformed to create a world of enchantment and wonder, to tell the story of The Nutcracker. The performance is set on Christmas Eve and follows a young girl, Clara, who receives a Nutcracker doll as a present. There are live interactive performances and even a chance to meet Santa.
Dates: 22, 23, 28, 29, 30 November – 24 December 2025
Time: 10.00 – 17.45 | The experience lasts 45 minutes and includes two 15-minute shows and a visit with Father Christmas
Age: Suitable for families with children aged 1-9
Location: Queen's House, Orangery
Admission: Adult £27 | Child £27 including a gift | Under 1s go free without a gift.
www.rmg.co.uk/queens-house/attractions/santas-grotto-queens-house

Queen's House Ice Rink
This winter, step onto the ice at the Queen's House Ice Rink. Located at the heart of the stunning Greenwich UNESCO World Heritage Site. Enjoy comfort and flexibility with VIP fast-track tickets, a 'skate-off pit lane' for mid-session breaks, and a viewing area next to Zero Degrees restaurant, serving up warming favourites.
Dates: 21 November – 4 January
Time: 10.00 – 21.00
Age: Suitable ages 3 and over
Location: Queen's House, North Lawns
Admission: Prices starting from - Adult £17.10 | Child £14.85 | Concession £15.20
www.rmg.co.uk/queens-house/attractions/queens-house-ice-rink

MARKET PLACE

THERAPIST

LOCAL THERAPIST offering caring, confidential CBT and couples therapy—online or in-person at Mycenae House. Book a free 15-min consultation, call: 07889 755299 or hello@Sasha-Louise.com. Visit www.Sasha-Louise.com

TUITION

HOME SUPPORT AND TRAINING FOR YOUR DIGITAL DEVICES

Need some help with computers, phones and tablets? I'm a DBS checked IT trainer with 21 years experience, friendly and patient. £45/hour (£20 call out), discounted for block bookings.

To discuss options, call Paul on 07985 643506 or email paul.clayton@soulchip.co.uk

GERMAN TUITION, language and literature, in person, local German teacher. All levels and ages, DBS checked. Please contact Dr Katharina Rist at 07533 061757 or rist@ristconsulting.com

SPANISH TUITION, on line, latinoamerican Spanish teacher. All levels and ages, GCSE, A levels. Please contact:

Miguel at 07910318513 or migansiergut52@gmail.com

MATHS & ENGLISH TUITION TO GCSE AND PREPARATION FOR 11+ AND INDEPENDENT SCHOOL SELECTION TESTS by qualified and experienced teacher. marystuition.com

Mary Bauckham 07709 089 838 marybauckham@gmail.com

MATHS TUITION

Qualified and experienced secondary teacher offers tuition to GCSE level.

Call Miv Whitaker: 07745 816338; or email miv.whitaker@gmail.com

SERVICES & TRADE

T.TA ELECTRICS. NICEIC Approved Contractor, Quality Tradesman. All electrical work undertaken, Fully Insured & Guaranteed.

24HR EMERGENCY ELECTRICAL.

Please call Tony on 07961 509 403 OR 020 8488 7425 OR info@ttaelectrics.co.uk

DV SERVICES PLUMBING & HANDYMAN Blockages & drains, Radiator valves and radiators not working, Change and fix toilets, sinks, showers & taps in bathrooms, toilets and kitchens. We can fix it!

Call Daniel on: 07904 880 448
PEST CONTROL SERVICES Mice, Rats, Squirrels, Wasps, Foxes etc. Local Service 07850 839 655
UPHOLSTERER

Specialising in traditional upholstery.

www.suemayesupholstery.net or phone 07932 040 298

WESTCOMBE CLEANERS

I'm a friendly, hard-working & organised domestic cleaner. Regular or single services. Competitive rates. Additional tasks. I love my clients to be happy. Phone 07746 291617

FULLY INSURED & QUALIFIED CARPENTER joiner & general building work/ specialist in traditionally handmade timber double glazed sash windows & doors/retrofit double glazing & vacuum insulated glass/listed and heritage building work undertaken. Tel: 020 3375 8597 Mob: 07930 453 310

Email: joseph@mcnamarabuildinganddevelopment.co.uk
www.mcnamarabuildinganddevelopment.co.uk

A MAN AND A VAN

Tel: 020 8858 3889

Mobile: 07885 917842

HOMEWORKS All-round handyman for those DIY's you have no time for! General repairs. Painting & Decorating. General Carpentry and flooring. Flat-pack assembly. Patio and deck cleaning. No job too small.

Contact Matthew Barron 07903 388658

ELECTRICIAN / ALARM & CCTV ENGINEER

30+ years' experience – No job too small Call: 07879 011792

MARK CHEESEMAM, LOCAL CARPENTER AND JOINER WITH OVER 30 YEARS EXPERIENCE.

All Aspects Of Carpentry and Construction Executed Considerately and to a High Standard. Both Traditional and Contemporary Design Joinery - Cupboards, Window seats, Floating Shelves, Engineered Flooring Fitted Etc. Also Locks Changed. Sash Window Overhaul. If you have Rotten Window Sills, Door Frames Etc. rather than replace them with the associated upheaval and expense, why not have a Timber/Resin Repair? Please Call Mark on 07767 456131 or H: 020 8854 4028.

ANGELO, ELECTRICIAN No Job Too Small T - 020 87616012/ M - 07850 767 283

Email - angelo@glennies.net

Part P Certificated

18th Edition & JIB Registered

LOCAL CARPET CLEANER

Specialist in cleaning Carpets, Upholstery & Rugs.

www.carpetcrew.co.uk

Phone 07828503132

CLOTHES ALTERATIONS

We fix Trousers, dresses and jackets. 07904 880 448

CAKES & BREADS

FLUFFY & CRUNCHY

Home bakery, we bake soft and tasty breads with various asian-style toppings. Perfect for breakfast, lunch or snack box.

WhatsApp for full menu: 07861897930

HOME MADE: Order Christmas cupcakes, Personalised Birthday Cakes, Banana Cake and Muffins etc. Lunches: Hot meals, Pastries and Baguettes etc .

Made with ♥ Love! Menus are available.

Call : 07904 880 448

DISCOUNT!

(When you show your Westcombe Society membership card)

ALL CITY LOCKSMITHS LTD

offer upto a 15% discount for local residents

ROYAL NEPALESE

RESTAURANT (Station Crescent) 20% OFF meals for two or more

Sunday - Thursday.

COTON & HAMBLIN LENS CLUB-

Complimentary standard coated single vision lenses worth £50 when purchasing complete spectacles.

T's & C's apply.

BLACKHEATH EYECARE OPTICIANS

Money-saving Eyeplan membership offered

TROJAN PRESS 10% OFF all quotations

WESTCOMBE DRY CLEANERS

10% discount on Dry Cleaning. Cannot be used in conjunction with any other offers.

A * DRIVING SCHOOL

£5 discount on the price of one x 2 hour lesson

KAREN STOREY OF

HOMESPACE offers members 10% discount on decluttering & homestaging: 07951 191086
SHENDA FALVEY PERSONAL TRAINING, STOTT PILATES & BOOTCAMPS

M: 07887727335

E: shenda@shendafalveypersonaltraining.co.uk

Free Bootcamp worth £12.50
Free PT/ Pilates Consultation with 20% off first session